## 2003 Health and Preventive Practices Status Report

DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## from Missouri County-level Study



MISSOU

	County Prevalence (%)*	Central Region Prevalence (%)*	State Prevalence (%)*
$G_{eneral}$			
Health Status (Fair or Poor)	22.6	18.6	16.9
No Health Coverage	10.7	13.0	12.3
B <sub>ehavioral Risk Factors</sub>			
Physical Inactivity	22.7	23.7	23.0
Current Smoker	26.7	27.9	26.5
Overweight (BMI 25-29.9)	39.7	36.6	35.3
Obese (BMI ≥ 30)	26.9	23.6	23.4
Disease and Conditions			
High Blood Pressure	24.3	27.7	28.5
High Cholesterol (35 years or older)	28.7 L	35.8	37.3
Asthma	9.0	10.9	10.7
Diabetes	3.7 L	7.4	7.2
Activity Limitation	14.3	19.4	17.8
ancer Screening			
Women			
Never had a Mammogram	18.5	12.9	13.4
lo Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	50.1	46.3	49.4
50-64 years of age	47.3	31.2	35.9
65 and older	48.7	54.3	47.4
Never had a Pap Test:			
18-69 years of age	1.1	3.0	5.1
70 and older	13.7	8.8	6.4
No Pap Test in Last Year (18-29)	14.7	20.2	25.8
No Pap Test in Last 3 Years (30-69)	12.1	12.5	13.8
Men and Women 50 Years or Older			
Blood Stool Test:		***	
Never had a Blood Stool Test	63.8	59.9	57.0
No Blood Stool Test in Last Year	86.9 H	82.4	77.5
Sigmoidoscopy/Colonoscopy  Never had a Sigmoidoscopy or Colonoscopy	E1 /	50.3	40.0
Never rigg a Stamolaoscopy of Colonoscopy	51.6	50.3	49.2

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

<sup>\*\*</sup> The best indicators for Osage county were obtained by combining data from Osage and Maries counties.